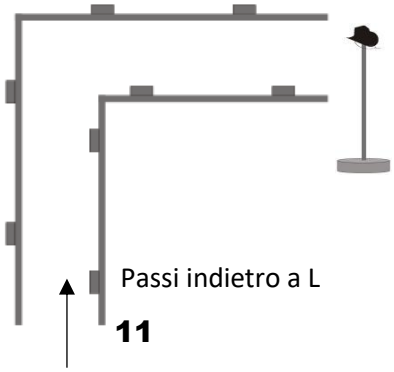
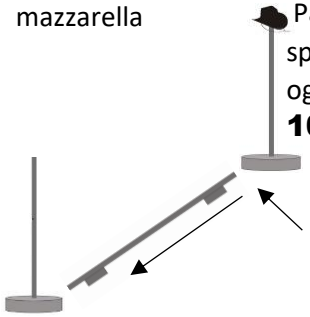
Categoria Amatori Campionato Italiano 2026 (Categoria 3 MASAF)



Passi indietro a L

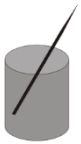
11

2 Posa della mazzarella

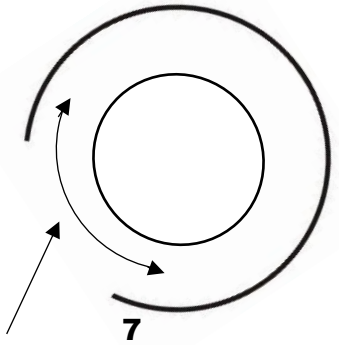


Passi laterali con spostamento di un oggetto da dx a sx

10



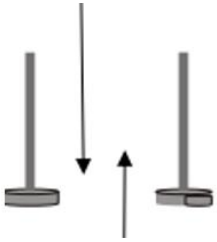
1 Presa della mazzarella



7

Galinero 2 volte a mani opposte

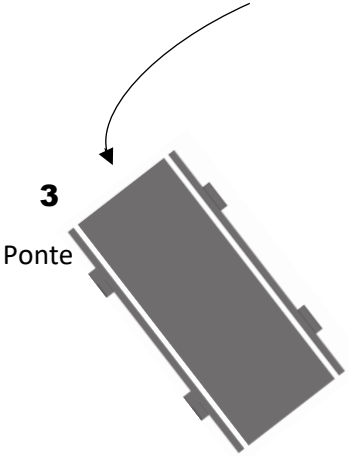
ARRIVO



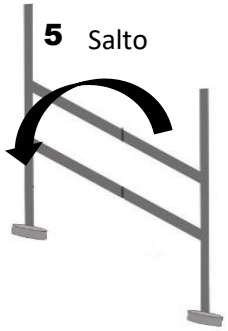
PARTENZA

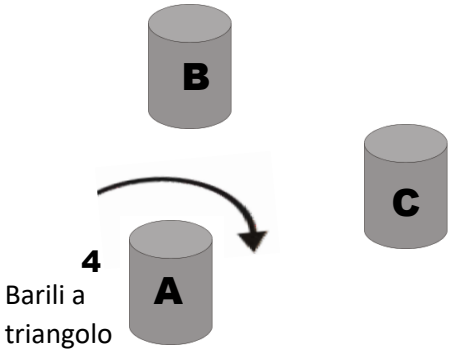
3

Ponte



5 Salto

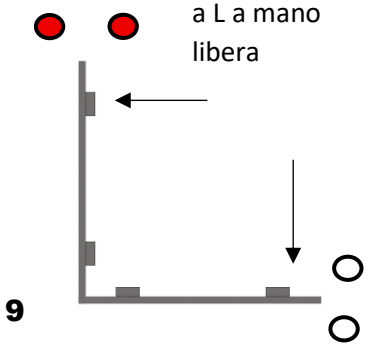




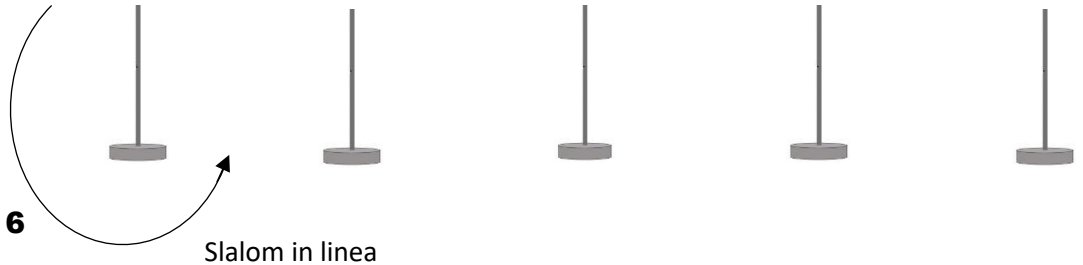
4

Barili a triangolo

Passi laterali a L a mano libera

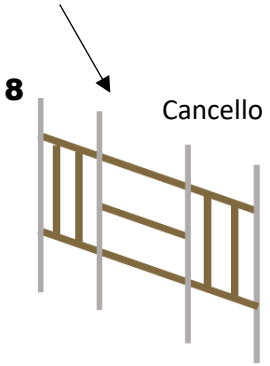


9



6

Slalom in linea



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Cancello